



"THE GOOD DEATH"

In the Context of Palliative Care

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The origin of good death

1500 - 1700 Death bed was a
spiritual drama...

“How people die remains
in the memory of those
who live on”

-Dame Cicely Saunders



**Good death is
multifaceted and
individualised
experience.**

**Conversation with
my residents,
above 85 who are
aged and frail**




To die
at home



Long life but
with health



No long suffering



No pain and
not a burden

some
saving

With children
but must be
around

Ability to enjoy food

Die before
my wife and
children

**Conversation with
my palliative
care patients**



To die in sleep

Spiritual preperation
for death

Pain and Symptoms
free



Faith to hope

To forgive and be
forgiven

Sense of completion



No Regrets

No Fear

Leave a Legacy



**Act Justly
Love Tenderly
Walk Humbly with
God.**

-Micah 6:8

**Aspire to Inspire
before you Expire.**

-Eugene Bells Jr.

**Good death is
different for
each person as it
depends on what
matters to you
most**

**Buddhism - Calm and peaceful.
Having reflection on previous
good deeds with religious thought**

**Hinduism - A good death is
suppose to happen when all action
is selfless without any thoughts
for the fruits.**

**Islam - A good death is when the
passing was guided to keep away
from anger and sins. To forcus on
the goodness of God.**

**Christianity - A good death is
reconciled with God and assurance**

**Good death is
different for
each person as it
depends on what
matters to you
most**

**Learn to learn
and
Learn to unlearn**

**Aspire to Inspire
before you Expire.**

-Eugene Bells Jr.

**Is there any
chances in your
reflection of
good death ?**

So live your life that the fear of
death can never enter your heart...

Love your life,

Perfect your life,

Beautify all things in your life

Seek to make your life long

And to purpose in service of others.

Prepare a noble death song for the
day when you go over the great
Divine.

When it comes your time to die...

Sing your death song

and die like a hero

Going Home.