

# *MOTOR NEURON DISEASE (MND)*

## *“LIVING IN DYING”*

*Areas of sharing :*

- 1. Delivery of ‘the Death Sentence’ : MND*
- 2. Searching for the new “me “*
- 3. Living in Dying*

*1. The “Death Sentence” : What is MND?*

*2. Searching for my new “me”*

- What /why/anger/fear/desperation/regrets/disappointment etc*
- Journey in finding “Living in Dying”*

### 3. *“Living in Dying”*

- the A, B, C of living with MND :

#### **A : Acceptance**

- Surrendering (not giving up!, but to focus energy to live with it)
- that nothing could have been done to prevent/remove it and it's here to stay! accept it as a unique 'gift' helps to releases hurt/disappointment/frustration expectation

#### **B: Believe ( FAITH is the bridge to God's miracles)**

- The Mighty God is in control of lives
- Surrender all to Him and He will rid off our old armor and receive the new armor of serenity, courage, wisdom, strength, peace and joy

## ***C : Challenges: “ Remapping life journey “***

- Mental health [keep the flame of HOPE(a cure?)burning and fuel it with positivity [reading, hobbies, entertainments etc be grateful & thankful for a new day, everyday]
- to fully know and understand the disease and how it kills
- Keeping abreast with the disease, recognize the stages and employ early support with the varies aids and equipment, like Tobii Eye Tracking, Voice banking, Robotic feeder, breathing machines
- Caring : expertise?/nursing home/at home?

# VIDEO SHARING







**AUDIO SHARING**

**THANK YOU**